



## PACIFHAN celebrates World Home Artificial Nutrition (HAN) Day 15th October 2020

**‘Homecare. Who cares? We care!’**

***“The quality, not the longevity, of one's life is what is important.”***  
**Martin Luther King, Jr.**

**The International Alliance of Patient Organisations for Chronic Intestinal Failure & Home Artificial Nutrition (PACIFHAN)** is marking World HAN Day 2020 with a focus on how life-saving medical nutrition gets to those who need it.

We are pleased to share accounts from members which show individual situations from different countries. Through our network we are educating each other about the variations in respect of the provision of homecare for both parenteral and enteral nutrition.

PACIFHAN welcomes the new ESPEN guideline on home parenteral nutrition<sup>1</sup> which was published early in 2020. It was developed by an expert group from seven European countries representing different professions including patient representatives. We believe the guideline, which outlines expert opinion and recent evidence, will service to provide a basis that will enhance practice and lead to improvements in patients' quality of life.

**What is HAN?** Home Artificial Nutrition is a recognised life-saving therapy that provides a lifeline for all those who need it. Where the ability to eat and drink normally is compromised; medical nutrition is provided to supply nutrients and hydration. It can be parenteral nutrition (PN) which is given directly into the bloodstream or enteral nutrition (EN) which is given directly into the intestine or oral nutritional supplements (ONS).

**Who receives HAN?** Adults and children with medical conditions or illnesses that prevent them from being able to eat, enough if anything, to absorb nutrients.

**Is it available to all those who need it around the world?** In some countries it is a well-established treatment, in others there is limited availability but sadly in some countries those in need of HAN do not have access to it.

**Homecare services.** We realise that in some countries there are established systems to deliver the fluids and ancillaries to the patients' home, there are also examples where this is done in a different way. The provision of homecare is implemented in different ways.

**Please spread the word about HAN, life-saving medical nutrition!**

- If you are part of a homecare supply chain or service, be proud of your roll and share this with others.
- If you are someone on HAN, have a child or a relative on HAN, share your/their story; educate people about this life-saving medical treatment available to support people in their own homes.

**Share your views on social media #WorldHANDay - #HEN - #HPN - #ONS**

1. ESPEN; Pironi L et al., ESPEN guideline on home parenteral nutrition, Clinical Nutrition:  
[https://www.espen.org/files/ESPEN-Guidelines/ESPEN\\_guideline\\_on\\_home\\_parenteral\\_nutrition.pdf](https://www.espen.org/files/ESPEN-Guidelines/ESPEN_guideline_on_home_parenteral_nutrition.pdf)

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